



## What are the PLUM and HATS?

The PLUM & HATS are questions that help us check how bub's listening and talking skills are growing.

As bub gets older, these skills help with learning to read and being social. If bub's skills aren't yet on track, things can be done to help them grow.

## How do we do PLUM and HATS?

We will have a yarn with you about how bub listens and talks day-to-day.

Think about what you've seen bub doing lately when:

- People call them, talk or sing
- They are asked to do something simple
- There are noises around, like cars, birds, dogs, the front door
- They communicate, like pointing, cooing, babbling, copying sounds or saying words.

Do they do these things 'not yet or a little', 'sometimes' or 'a lot'?

Also think about whether it makes any difference when it's quiet or noisy.

Remember, as little bubs grow, they will do more of these things, and more often.

If you want to see what a PLUM & HATS yarn looks like, have a look at [plumandhats.nal.gov.au](http://plumandhats.nal.gov.au)

## What next?

Your answers will help us know whether bub is on track with their listening and talking skills.

If they aren't, we can support you to give bub some yarning practice, to help grow up these skills. Bub may also need a hearing or speech check.

If you are worried about bub's talking or listening at any time, tell your health or early childhood carer.

**For more information go to [plumandhats.nal.gov.au](http://plumandhats.nal.gov.au)**